

Preliminary Schedule for :
Part-time Diploma in Sports Wellness and Services
Work-study Certificate leading to a Diploma in Sports Wellness and Services
MC1 | Modular Certificate in Exercise Science

MODULE CODE MODULTE TITLE	LESSON NO.	LESSON START DATE	START_TIME (24HH:MM)	END_TIME (24HH:MM)	Venue
S2729C Exercise Psychology	Lesson 1	Tuesday, 16 April 2024	12:30	14:30	Classroom at RP
S2729C Exercise Psychology	Lesson 2	Tuesday, 23 April 2024	12:30	14:30	Classroom at RP
S2729C Exercise Psychology	Lesson 3	Monday, 29 April 2024	18:00	20:00	ELEARNING
S2729C Exercise Psychology	Lesson 4	Tuesday, 30 April 2024	12:30	14:30	Classroom at RP
S2729C Exercise Psychology	Lesson 5	Monday, 6 May 2024	19:00	22:00	ELEARNING
S2729C Exercise Psychology	Lesson 6	Tuesday, 7 May 2024	12:30	14:30	Classroom at RP
S2729C Exercise Psychology	Lesson 7	Monday, 13 May 2024	18:00	20:00	ELEARNING
S2729C Exercise Psychology	Lesson 8	Tuesday, 14 May 2024	12:30	14:30	Classroom at RP
S2729C Exercise Psychology	Lesson 9	Monday, 20 May 2024	19:00	22:00	ELEARNING
S2729C Exercise Psychology	Lesson 10	Tuesday, 21 May 2024	12:30	14:30	Classroom at RP
S2729C Exercise Psychology	Lesson 11	Monday, 27 May 2024	18:00	20:00	ELEARNING
S2729C Exercise Psychology	Lesson 12	Tuesday, 28 May 2024	12:30	14:30	Classroom at RP
S2729C Exercise Psychology	Lesson 13	Monday, 3 June 2024	19:00	22:00	ELEARNING
S2729C Exercise Psychology	Lesson 14	Tuesday, 4 June 2024	12:30	14:30	Classroom at RP
S2729C Exercise Psychology	Lesson 15	Monday, 10 June 2024	18:00	20:00	ELEARNING
S2729C Exercise Psychology	Lesson 16	Tuesday, 11 June 2024	12:30	14:30	Classroom at RP
S2729C Exercise Psychology	Lesson 17	Monday, 24 June 2024	09:00	12:00	ELEARNING
S2729C Exercise Psychology	Lesson 18	Tuesday, 25 June 2024	12:30	14:30	Classroom at RP
S2729C Exercise Psychology	Lesson 19	Monday, 1 July 2024	18:00	20:00	ELEARNING
S2729C Exercise Psychology	Lesson 20	Tuesday, 2 July 2024	12:30	14:30	Classroom at RP
S2729C Exercise Psychology	Lesson 21	Monday, 8 July 2024	19:00	22:00	ELEARNING
S2729C Exercise Psychology	Lesson 22	Tuesday, 9 July 2024	12:30	14:30	Classroom at RP
S2729C Exercise Psychology	Lesson 23	Monday, 15 July 2024	18:00	20:00	ELEARNING
S2729C Exercise Psychology	Lesson 24	Tuesday, 16 July 2024	12:30	14:30	Classroom at RP
S2729C Exercise Psychology	Lesson 25	Monday, 22 July 2024	19:00	22:00	ELEARNING
S2729C Exercise Psychology	Lesson 26	Tuesday, 23 July 2024	12:30	14:30	Classroom at RP
S2729C Exercise Psychology	Lesson 27	Tuesday, 30 July 2024	12:30	14:30	Classroom at RP
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 1	Tuesday, 16 April 2024	15:00	17:00	Lab Venue at RP
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 2	Saturday, 20 April 2024	19:00	21:00	ELEARNING
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 3	Tuesday, 23 April 2024	15:00	17:00	Lab Venue at RP
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 4	Saturday, 27 April 2024	19:00	21:00	ELEARNING
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 5	Tuesday, 30 April 2024	15:00	17:00	Lab Venue at RP
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 6	Saturday, 4 May 2024	19:00	21:00	ELEARNING
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 7	Tuesday, 7 May 2024	15:00	17:00	Lab Venue at RP
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 8	Saturday, 11 May 2024	19:00	21:00	ELEARNING

*RP reserves the right to reschedule/cancel any programme and amend information without prior notice.

MODULE CODE MODULTE TITLE	LESSON NO.	LESSON START DATE	START_TIME (24HH:MM)	END_TIME (24HH:MM)	Venue
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 9	Tuesday, 14 May 2024	15:00	17:00	Lab Venue at RP
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 10	Saturday, 18 May 2024	19:00	21:00	ELEARNING
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 11	Tuesday, 21 May 2024	15:00	17:00	Lab Venue at RP
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 12	Saturday, 25 May 2024	19:00	21:00	ELEARNING
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 13	Tuesday, 28 May 2024	15:00	17:00	Lab Venue at RP
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 14	Saturday, 1 June 2024	19:00	21:00	ELEARNING
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 15	Tuesday, 4 June 2024	15:00	17:00	Lab Venue at RP
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 16	Saturday, 8 June 2024	19:00	21:00	ELEARNING
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 17	Tuesday, 11 June 2024	15:00	17:00	Lab Venue at RP
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 18	Saturday, 15 June 2024	19:00	21:00	ELEARNING
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 19	Tuesday, 25 June 2024	15:00	17:00	Lab Venue at RP
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 20	Saturday, 29 June 2024	19:00	21:00	ELEARNING
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 21	Tuesday, 2 July 2024	15:00	17:00	Lab Venue at RP
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 22	Saturday, 6 July 2024	19:00	21:00	ELEARNING
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 23	Tuesday, 9 July 2024	15:00	17:00	Lab Venue at RP
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 24	Saturday, 13 July 2024	19:00	21:00	ELEARNING
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 25	Tuesday, 16 July 2024	15:00	17:00	Lab Venue at RP
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 26	Saturday, 20 July 2024	19:00	21:00	ELEARNING
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 27	Tuesday, 23 July 2024	15:00	17:00	Lab Venue at RP
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 28	Saturday, 27 July 2024	19:00	23:00	ELEARNING
S2719C Injury Prevention and Exercise Rehabilitation	Lesson 29	Tuesday, 30 July 2024	15:00	17:00	Lab Venue at RP
S2709C Exercise Prescription and Assessment	Lesson 1	Tuesday, 16 April 2024	18:30	20:30	Classroom at RP
S2709C Exercise Prescription and Assessment	Lesson 2	Tuesday, 23 April 2024	18:30	20:30	Lab Venue at RP
S2709C Exercise Prescription and Assessment	Lesson 3	Friday, 26 April 2024	14:15	19:15	ELEARNING
S2709C Exercise Prescription and Assessment	Lesson 4	Tuesday, 30 April 2024	18:30	20:30	Lab Venue at RP

*RP reserves the right to reschedule/cancel any programme and amend information without prior notice.

MODULE CODE MODULTE TITLE	LESSON NO.	LESSON START DATE	START_TIME (24HH:MM)	END_TIME (24HH:MM)	Venue
S2709C Exercise Prescription and Assessment	Lesson 5	Friday, 3 May 2024	14:15	17:15	ELEARNING
S2709C Exercise Prescription and Assessment	Lesson 6	Tuesday, 7 May 2024	18:30	20:30	Classroom at RP
S2709C Exercise Prescription and Assessment	Lesson 7	Friday, 10 May 2024	14:15	16:15	ELEARNING
S2709C Exercise Prescription and Assessment	Lesson 8	Tuesday, 14 May 2024	18:30	20:30	Lab Venue at RP
S2709C Exercise Prescription and Assessment	Lesson 9	Friday, 17 May 2024	14:15	17:15	ELEARNING
S2709C Exercise Prescription and Assessment	Lesson 10	Tuesday, 21 May 2024	18:30	20:30	Lab Venue at RP
S2709C Exercise Prescription and Assessment	Lesson 11	Tuesday, 28 May 2024	18:30	20:30	Lab Venue at RP
S2709C Exercise Prescription and Assessment	Lesson 12	Tuesday, 4 June 2024	18:30	20:30	Lab Venue at RP
S2709C Exercise Prescription and Assessment	Lesson 13	Friday, 7 June 2024	14:15	19:15	ELEARNING
S2709C Exercise Prescription and Assessment	Lesson 14	Tuesday, 11 June 2024	18:30	20:30	Lab Venue at RP
S2709C Exercise Prescription and Assessment	Lesson 15	Friday, 14 June 2024	14:15	16:15	ELEARNING
S2709C Exercise Prescription and Assessment	Lesson 16	Tuesday, 2 July 2024	18:30	20:30	Classroom at RP
S2709C Exercise Prescription and Assessment	Lesson 17	Tuesday, 9 July 2024	18:30	20:30	Classroom at RP
S2709C Exercise Prescription and Assessment	Lesson 18	Friday, 12 July 2024	14:15	16:15	ELEARNING
S2709C Exercise Prescription and Assessment	Lesson 19	Tuesday, 16 July 2024	18:30	20:30	Classroom at RP
S2709C Exercise Prescription and Assessment	Lesson 20	Friday, 19 July 2024	14:15	17:15	ELEARNING
S2709C Exercise Prescription and Assessment	Lesson 21	Tuesday, 23 July 2024	18:30	20:30	Classroom at RP
S2709C Exercise Prescription and Assessment	Lesson 22	Friday, 26 July 2024	14:15	19:15	ELEARNING
S2709C Exercise Prescription and Assessment	Lesson 23	Tuesday, 30 July 2024	18:30	20:30	Lab Venue at RP
S2709C Exercise Prescription and Assessment	Lesson 24	Tuesday, 6 August 2024	18:30	20:30	Classroom at RP

*RP reserves the right to reschedule/cancel any programme and amend information without prior notice.